Hey Y’ all. We are excited for another edition of the Bushwick Center newsletter. Since we last left off, we had our Labor Day party, Columbus Day presentation and of course Halloween costume gettogether. A big thank you to everyone who participated. We are very much looking forward to our annual Thanksgiving and Christmas parties with our talented DJ. As always, we have some surprise events planned in the months ahead as well so stay tuned!

We are grateful to the residents for making this as fun for us as it is for you. I would like to take this opportunity to once again thank our incredible staff who are more like family. Each and every employee here puts in their all on a daily basis and it goes a long way. Great staff is not just something we strive for, it’s something we are blessed with.

We love hearing feedback from each of you so feel free to stop me when you see me around to share whatever’s on your mind. You can read more about us online or check out our Facebook page for great pictures and videos of our activities. I hope you enjoy our newsletter and wish each one of you a great holiday season!

Meir Horovitz
HAPPY HALLOWEEN

THE RESIDENTS AND STAFF WERE ALL DRESSED UP FOR HALLOWEEN
Happy Horse visits. The residents look forward to Aiden and Pearl coming to visit every month it brings joy to them. They are ready for Halloween.
To all the Veterans at Bushwick Center we would like to say “Thank You” for serving and protecting our country.

Our Veterans traded war stories amongst themselves. We have a paratrooper who jumped out of planes 17 times, another who traveled the world and they all concurred the war they were in had devastation but they made it home. Thank you again.
ACROSS
1. Used to wrap a present
4. Decoration for a banister
7. Striped and sweet
9. Used to open a walnut
10. Door decoration
11. Many times these are strung together
13. Glitter for the tree

DOWN
2. Decorative spheres
3. Another word for decorations
5. Christmas tree fruit
6. Might light the dinner table
7. Place where greetings are found
8. Hung by the chimney
12. Might be cedar, fir or pine
A note from Kenny

In our last issue, I wrote about a heroic young man whose story I found inspiring. Today I have another inspirational example to share, only this one is “home grown.”

Recently, our country was struck by a series of devastating hurricanes - Puerto Rico, the Carolinas, Florida, and the first one of the season, which devastated the city of Houston and the Texas coast. The outpouring of prayers and offers of help from every part of the country were phenomenal. The response by our public officials, first responders and emergency organizations was well crafted and effective. But there’s nothing more inspiring than one individual helping another, up close and personal. Our Assistant Director of Nursing at Washington Center, Lisa Clark, is one of those inspirational hometown heroes who stepped up and did exactly that. The rain and wind had barely abated when Lisa and her husband, Charlie, an experienced firefighter, were contacted by the local Red Cross chapter. The Red Cross was assembling a disaster relief team to go to Texas and they needed nurses and other emergency personnel. Lisa and Charley were high on their list. They would be heading to a disaster recovery zone: think cots, cold food, long hours and hard work. Not exactly a vacation trip, and certainly not an assignment for the faint of heart. Lisa immediately asked her administrator, Brooke Daley, if the facility could spare her for a couple of weeks. Brooke’s feeling was that you can never “spare” a caregiver like Lisa, but her answer was an immediate yes. Less than 24 hours later, Lisa and Charlie were at a Red Cross facility for a crash training course in what they could expect, then it was off to Texas.

They arrived in Houston on September 2 and immediately began working in a food and supply distribution facility helping families in need. Later, Nurse Clark worked in one of the shelters that had been established for displaced persons, providing medical care and ensuring that any potential medical cases that could have been contagious were properly isolated and cared for to prevent an unintended epidemic from running through the shelter. With the shelter established and the temporary residents cleared, Lisa joined a medical team providing more complex care for the elderly, sick and injured.

Whether unloading supplies at the dock, assisting the military’s distribution efforts or providing hands-on medical care to victims, Lisa made us all proud.
Lisa and Charlie unhesitatingly left the comfort of their home and family to go to an unfamiliar, uncomfortable, potentially dangerous situation for no other reason than to provide humanitarian care to strangers in need. Her actions were another shining example of the Centers Health Care spirit of Heart Health Home.

They exemplify the kind of unselfish caregivers who see to the needs of our residents and their families every day of the year at homes throughout New York, New Jersey and Rhode Island. I found her actions inspirational, and heartwarming. I hope you do too.

Kenny Rozenberg, CEO

Centers pilots expanded in-house physician network

At Centers Health Care, one of our core goals is to elevate the care available on-site in order to reduce the number of occasions where a resident has to be sent to the hospital. In reality, most of the people who are sent from a nursing home to a hospital spend an uncomfortable day in the emergency room, they are stabilized, and then returned to the nursing facility. The majority of those people should, in fact, never have been subjected to the difficulties and discomfort associated with an ambulance transfer, long hours in a brightly lit, noisy emergency room, and the germs that cannot be avoided in a hospital environment. So we began a pilot program of elevated medical care in many of our facilities. We have taken the unusual and dramatic step, of adding full-time staff physicians at many of our homes, where they work side-by-side with our skilled nurses and develop a close relationship with each resident and a fuller understanding of their individual needs. In addition, we are supporting this team of doctors with the renowned team of doctors from the Call-9 network, who use the very latest in tele-medicine technology to provide immediate bedside consultations with a physician 7 days a week, 24 hours a day, even if our on-staff physician is unavailable. A proper bedside examination by a physician can avoid most hospital visits. Our nurses, nurse practitioners and physicians’ assistants have been specially trained in the use of Call-9 technology and tele-medicine equipment. By combining full-time staff physicians and leading edge technology with hands-on care and diagnostics, we are able to provide these residents with a physician’s bedside examination whenever it’s needed, reducing hospitalizations in some cases by more than 50%. And that’s a good outcome for everyone.
Funny Christmas Corner

12 Days of Facebook Christmas

On the 12th day of Christmas my Facebook gave to me.....

12 freaks I’m blocking, 11 friends just watching, 10 corny topics, 9 busted friendships, 8 friends complaining, 7 stalkers stalking, 6 party invites, 5 dramaaaaaa Queeeens, 4 game requests, 3 photo tags, 2 friends a poking AND A Creep who won’t stop inboxing MEEE!

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