

Transition Policy Overview

2019 Centers Plan for FIDA Care Complete: Prescription Drug Transition Policy Overview

In some cases, the plan can give you a temporary supply of a drug when the drug is not on the Drug List (also called the formulary) or when it is limited in some way. This gives you time to talk with your provider about getting a different drug or to ask Centers Plan for FIDA Care Complete or your IDT to approve the drug.

To get a temporary supply of a drug, you must meet the two rules below:

1. The drug you have been taking:
 - is no longer on the plan's Drug List, *or*
 - was never on the plan's Drug List, *or*
 - is now limited in some way.

2. You must be in one of these situations:
 - You were in the plan last year.
 - We will cover a temporary supply (or supplies) of your drug during the first 90 days of the calendar year.
 - This temporary supply or supplies will be for up to 30 days.
 - If your prescription is written for fewer days, we will allow multiple fills to provide up to a maximum of 30 days of medication. You must fill the prescription at a network pharmacy.
 - Long-term care pharmacies may provide your prescription drug in small amounts at a time to prevent waste.

 - You are new to the plan.
 - We will cover a temporary supply (or supplies) of your drug during the first 90 days of your participation in the plan.
 - This temporary supply will be for up to 30 days.
 - If your prescription is written for fewer days, we will allow multiple fills to provide up to a maximum of 30 days of medication. You must fill the prescription at a network pharmacy.
 - Long-term care pharmacies may provide your prescription drug in small amounts at a time to prevent waste.

 - You have been in the plan for more than 90 days and live in a long-term care facility and need a supply right away.

- We will cover one 31-day supply, or less if your prescription is written for fewer days. This is in addition to the above temporary supply.
- If one of the following level-of-care change scenarios applies to you, you might be entitled to a transition supply of the drugs you are currently taking:
 - If you move into a long-term care facility from a hospital or other setting
 - If you leave a long-term care facility to return to your home
 - If you are discharged from the hospital to a home
 - If you are discharged from a skilled nursing facility
 - If your status changes from hospice to non-hospice
 - If you are discharged from a psychiatric hospital with an individualized medication plan.

The transition period starts on the day your level of care changes. For example, if you were discharged from the hospital to a home on October 13, your transition period would start on October 13. Centers Plan for FIDA Care Complete offers a 90-day transition period if one of the scenarios above applies to you.

A transition supply is the number of days of medication Centers Plan for FIDA Care Complete will provide when you are in a transition period. Centers Plan for FIDA Care Complete will provide up to a 30-day supply of a drug that is not on our list of covered drugs or that might normally require prior approval or step therapy (step therapy means we require you to try a different drug before taking the one prescribed). If you live in a long-term care facility, Centers Plan for FIDA Care Complete will provide up to a 31-day supply. The transition supply depends on the number of days' supply your prescriber writes on the prescription, so you may receive less than a 31-day supply if your provider writes the prescription for fewer days.

The level of care changes listed above are only some of the reasons you might qualify for a transition supply, for more information please contact our Pharmacy Helpdesk at 1-888-266-7460. TTY users please call 711 or 1-800-421-1220. Representatives are available seven days a week from 8:00 a.m. to 8:00 p.m. You may also visit us online at www.centersplan.com/fida.

To ask for a temporary supply of a drug call our Pharmacy Helpdesk at 1-888-266-7460. TTY users please call 711 or 1-800-421-1220. Representatives are available seven days a week from 8:00 a.m. to 8:00 p.m.

When you get a temporary supply of a drug, you should talk with your provider to decide what to do when your supply runs out. Here are your choices:

- **You can change to another drug.**

There may be a different drug covered by the plan that works for you. You can call Participant Services to ask for a list of covered drugs that treat the same medical condition. The list can help your provider find a covered drug that might work for you.

OR

- **You can ask for an exception.**

You and your provider can ask Centers Plan for FIDA Care Complete or your IDT to make an exception. For example, you can ask Centers Plan for FIDA Care Complete or your IDT to approve a drug even though it is not on the Drug List. Or you can ask Centers Plan for FIDA Care Complete or your IDT to approve and cover the drug without limits. If your provider says you have a good medical reason for an exception, he or she can help you ask for one.

To learn more about asking for an exception, see Chapter 9 of your Participant Handbook available at www.centersplan.com/fida.

If you need help asking for an exception, you can contact our Pharmacy Helpdesk at 1-888-266-7460, or your Care Manager at 1-800-466-2745. TTY users please call 711 or 1-800-421-1220. Representatives are available seven days a week from 8:00 a.m. to 8:00 p.m. You may also visit us online at www.centersplan.com/fida.