We're a community of friends, neighbors, and family living life to the fullest and getting stronger every day.



Our advanced rehab technology provided by our compassionate, expert team is all centered around you and geared to getting you home faster, stronger and fully prepared to live your lifestyle.

GET STRONGER ROCKLAND

# ROCKLAND

### **NORTHERN MANOR**

199 N Middletown Rd Nanuet, NY 10954 845.623.3904 northernmanor.com

#### **NORTHERN RIVERVIEW**

87 Rte 9W Haverstraw, NY 10927 845.429.5381 northernriverview.com

### **NORTHERN METROPOLITAN**

225 Maple Ave Monsey, NY 10952 845.352.9000 northernmet.com

It is the mission of Northern Services Group to offer lifestyle options for Seniors, provide a continuum of comprehensive quality care and services, promote the highest possible quality of life, safeguard all individuals who utilize our services and strengthen individuals, families, and communities.









Get Home Faster

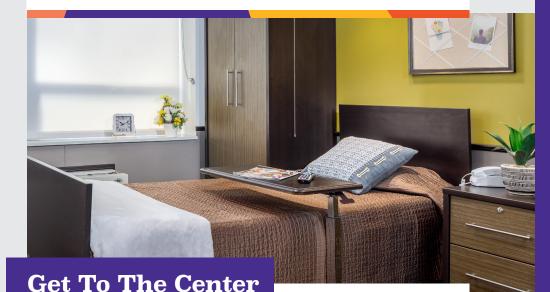
Whether you're recovering from an injury, illness or surgery, we'll design the perfect rehab program for your specific condition and goals. Your stay won't be long, and you'll go home stronger than ever before. You'll take good memories and great outcomes with you when you leave us.

# **Get Great Results**

In our therapy suite you'll feel yourself getting stronger with each session. But your therapy doesn't end there. Everything you do at our centers —your meals and activities as well as your physical therapy—is part of your recovery program, leading ultimately to your good outcome.

# Get Comfortable

Our top-notch staff, comfortable accommodations, and an active, healthy lifestyle combine to create a warm, safe, welcoming environment. Relax and rest easy—with a comfortable bed, cable TV and WiFi. And if it's long-term care you're looking for, our beautiful facilities provide all the comforts of home.



At Northern you're at the center of it all. Our team of health care professionals and supporting staff are not only the most highly skilled, they are also individuals of character and compassion—people who want to make a difference in the lives of our residents. Making you stronger is our strength.



# Short & Long Term Rehabilitation

- Physical Therapy
- Occupational Therapy
- Speech Therapy

### **Specialty Programs**

- Post-surgical Orthopedic Care
- Joint Replacement Recovery Program
- Amputee Recovery and Training
- Stroke Rehabilitation
- Cardiac Recovery Program
- Vent

# Additional Patient Services

- Specialized Diets
- Therapeutic Recreation
- Patient Education
- Courtesy Transportation
- On-site Physician Services
- Integrated Patient Security System
- Beautician and Barber Shop
- Discharge Planning and Follow-up

## Advanced Health Care Services

- Tracheostomy Care
- Non-invasive Vent Care
- Life Vest Management
- Respiratory Management
- Wound Care & Wound Vac
- IV Antibiotic Therapy
- Complex Medical Care
- Enteral Nutrition Therapy (ENT)
- Post-surgical PleurX Management
- Comfort Care & Palliative Care
- Diabetes Management
- Pain Management
- Dialysis
- HIV/Infectious Disease Management
- Neurological Care