D1 COMMUNITY

Sunday, December 26, 2021 » MORE AT FACEBOOK.COM/SARATOGIAN AND TWITTER.COM/SARATOGIANNEWS saratogian.com

Snapshot

GETTING CREATIVE

PHOTO PROVIDED

At Troy Center on Marvin Avenue, residents have been getting together to create DIY Wreaths, such as 85-year-old Joyce McCampbell from Mechanicville. She and a handful of residents have been so into their wreaths because the goal is to hang them on from their door at Troy Center.

TODAY IN HISTORY

SUNDAY DEC 26, 2021

1799

Former President George Washington was eulogized by Col. Henry Lee as "first in war, first in peace and first in the hearts of his countrymen."

1908

Jack Johnson became the first African-American boxer to win the world heavyweight championship as he defeated Canadian Tommy Burns in Sydney, Australia.

1917

During World War I, President Woodrow Wilson issued a proclamation authorizing the government to take over operation of the nation's railroads.

1941

During World War II, Winston Churchill became the first British prime minister to address a joint meeting of the U.S. Congress.

1966

Kwanzaa was first celebrated.

1980

Iranian television footage was broadcast in the United States showing a dozen of the American hostages sending messages to their families.

1994

French commandos stormed a hijacked Air France jetliner on the ground in Marseille, killing four Algerian hijackers and freeing 170 hostages.

Calendar

Sunday, Dec. 26

DHARMA MEDITATION: Dharma Meditation with Pierre Zimmerman has returned to an in person or live format at Caffe Lena! Meetings are held Sundays from 9 — 10:15am. Please RSVP to Pierre by calling RSVP or emailing Pierre at pzimmie2@icloud.com 24 hours in advance. Masks must be worn at all times, and coronavirus safety measures, including distancing, will be practiced. Donations are appreciated! Dharma Meditation includes inspirational topics that support emotional, cognitive, and ethical wishes for wellbeing. This is a sitting meditation for 25 minutes with a silent break allowing people to stretch, followed by a second sitting, introduced by a brief talk. A discussion on the topic and some insights and reflections about the nature and commonality of our basic humanity is shared by attendees. This meditation is open to beginners and/or those who have been meditating for a while. This group has been ongoing for more than a decade. Pre-registration is required. For more information visit https://www.oneroofsaratoga.com/one-big-roof/more-about-meditation/.

Tuesday, Dec. 28

BOOSTER CLINIC FOR AGES 16+: Saratoga County Public Health Services department is holding a free COVID-19 booster clinic Tuesday, December 28: Pfizer Booster, 9AM-12PM and 1:30PM-3:30PM at Saratoga County Public Health (6012 County Farm Rd, Ballston Spa). To be eligible for a booster vaccine, you must have had your second dose of the Pfizer or Moderna vaccine at least six months prior to the booster clinic date you select or the Johnson and Johnson vaccine at least two months prior to the booster clinic date you select. The vaccines are free. No proof of insurance required. Please visit www.saratogacountyny.gov/covid and click on "COVID-19 Vaccines and Boosters" to register for any clinic. Seniors may also call the county's COVID-19 Booster Clinic Call Center at (518) 693-1075 to register for a clinic. Saratoga County's COVID-19 Booster Clinic Call Center is available weekdays from 8AM to 4:30PM and weekends from 8AM to 2PM to help seniors make booster appointments within the county. SCPHS provides free COVID-19 vaccine clinics and booster clinics at the county's Public Safety Building and through partnerships with private businesses across the county. Pfizer clinics open to 16 &17-year-olds are for those who either reside or attend school in Saratoga County. Parents who have questions about the vaccine are strongly encouraged to speak with their child's healthcare provider in advance of the appointment. The minor to be vaccinated should be accompanied by their parent or guardian. Only one parent/guardian may enter the vaccination clinic at a time. If the minor is unaccompanied by their parent or guardian, a written consent form signed by the parent or guardian must be available at the time of the minor's vaccination. The consent form is available on the County's website. For more information about COVID-19 vaccines administered by SCPHS, please call (518) 584-7460 Extension 8327 or visit www.saratogacountyny.gov/covid.

Wednesday, Dec. 29

CHICKEN PARMIGIANA DINNER: Wilton Elks Lodge #161 presents a Chicken Parmigiana Dinner for curbside pick up Wednesday, Dec. 29, 4:30-6 p.m. Call 518-584-2585 Monday or Tuesday between 10 a.m. and noon to place an order. Menu includes chicken parmigiana, penne pasta, tossed salad, garlic toast. Dinner for two is $25. Cash only.

DEDICATION CEREMONY: Please join the City of Saratoga Springs and Saratoga Springs Recreation Commission in honoring Scott T. Johnson, who was instrumental in building the Recreation Center during his term as Mayor from 2008-2013. A building naming ceremony is planned for the Recreation Center on December 29th, 2021 at 5pm. Saratoga Springs Recreation Center, 15 Vanderbilt Ave., Saratoga Springs, NY 12866. RSVP is not required but appreciated! Please reply by December 22nd so we can plan accordingly to: Lisa Morahan, Administrative Assistant Director of Recreation, lisa.morahan@saratoga-springs.org or call 518-587-3550 ext.2305.

BOOSTER CLINIC FOR AGES 18+: Saratoga County Public Health Services department is holding a free COVID-19 booster clinic Wednesday, December 29: Moderna Booster, 9AM-12PM and 1:30PM-3:30PM at Saratoga County Public Health (6012 County Farm Rd, Ballston Spa). To be eligible for a booster vaccine, you must have had your second dose of the Pfizer or Moderna vaccine at least six months prior to the booster clinic date you select or the Johnson and Johnson vaccine at least two months prior to the booster clinic date you select. The vaccines are free. No proof of insurance required. Please visit www.saratogacountyny.gov/covid and click on "COVID-19 Vaccines and Boosters" to register for any clinic. Seniors may also call the county's COVID-19 Booster Clinic Call Center at (518) 693-1075 to register for a clinic. Saratoga County's COVID-19 Booster Clinic Call Center is available weekdays from 8AM to 4:30PM and weekends from 8AM to 2PM to help seniors make booster appointments within the county. SCPHS provides free COVID-19 vaccine clinics and booster clinics at the county's Public Safety Building and through partnerships with private businesses across the county. For more information about COVID-19 vaccines administered by SCPHS, please call (518) 584-7460 Extension 8327 or visit www.saratogacountyny.gov/covid.

Saturday, Jan. 1, 2022

FIRST DAY HIKES: Governor Kathy Hochul encourages New Yorkers to spend time in the outdoors this holiday season and celebrate the New Year at state parks, historic sites, wildlife areas, trails, and public lands across the Empire State on January 1, 2022. The variety of hikes offered include seal walks, fire tower treks, lakefront trails, boardwalks, towpaths, walks along waterfalls, historic estates, military forts and more. The New York State Office of Parks, Recreation and Historic Preservation (State Parks) and the Department of Environmental Conservation (DEC) host or partner with volunteer organizations to host the many walks and hikes being held as part of the popular First Day Hikes program, marking its 11th year Anniversary. In the wake of the COVID-19 pandemic, the event options for hikes range from self-guided treks to small staff- or volunteer-led hikes to multiple event options that day, allowing participants the time and space to social distance while still enjoying nature's winter wonders. The walks and hikes are family-friendly, and typically range from one to five miles depending on the location and conditions. Hikes are being offered at more than 75 state parks, historic sites, DEC state lands, wildlife areas, Forest Preserve trails and environmental education centers with select sites offering multiple event options. The FDH events may include drawings for an annual Empire Pass, as well as keepsake giveaways. Local First Day Hikes are scheduled for Grafton Lakes State Park, Grafton; 11am; 1pm; (two hikes) 518.279.1155 and Peebles Island State Park, Waterford; 10am; 1pm; (two hikes) 518.268.2188 as well as Saratoga Spa State Park, Saratoga Springs; 10am; 518.584.2535. A complete list of New York State First Day Hikes, location details, format, pre-registration requirements and additional information can be found online at parks.ny.gov and dec.ny.gov. Interested participants are encouraged to check the details of their preferred host site and pre-register where required; alternate locations should be considered as capacity restrictions and registration limits may impact availability.

Sunday, Jan. 2, 2022

ALL YOU CAN EAT BREAKFAST: Breakfast Buffet and Omelet Station — Waterford Knights of Columbus. Sunday, January 2nd, 2022, 8:00am — 11:00am and Every 1st Sunday of the Month at the K of C Hall, 76 Grace Street, Waterford. Buffet featuring our famous Omelet Station, Eggs cooked to order, Pancakes, French toast, sausage, bacon, home fries, toast, coffee, tea, orange and apple juices. Take a chance to win the 50/50 drawing. Each paid breakfast enters you to win a free breakfast. Takeout available. For information or reservations call 518-237-9330. $10.00 adult — $5.00 children. Children under 4 free.

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Monday, Jan. 3, 2022

RETIRED TEACHERS MEETING: Saratoga Area Retired Teachers will meet on Monday, January 3, 2022, at noon at Longfellows Restaurant, 500 Union Avenue (Rte. 9P), Saratoga Springs. For membership information and luncheon reservations, call 518-587-5356.

NATURE ON THE MOVE: On Monday, January 3rd at 10:30am Wilton Wildlife Preserve & Park will be holding one of their bi-monthly Nature on the Move walks. This walk is geared towards gentle exercise and the enjoyment of nature and will be accessible for participants at basic fitness levels. This is a great opportunity to enjoy a winter walk on the trails! The walk will depart from the Camp Saratoga North Trailhead kiosk. These walks are a bi- monthly activity with the next walk scheduled on January 24th at the same location, the Camp Saratoga North Trailhead kiosk. Registration is required. Space is limited. Snowshoes will be available for rent 15 minutes before the program at $3 per participant. If there is no snow, the program will take place without snowshoes. To register please visit our website, wiltonpreserve.org, and click on the "Public Programs" tab to access the online registration form. For more information, please contact the Preserve & Park office at 518-450-0321 or via email at info@wiltonpreserve.org. For up-to-date trail conditions or program information, please visit the Preserve & Park's website at wiltonpreserve.org. The Wilton Wildlife Preserve & Park is a non-profit organization that conserves ecological systems and natural settings while providing opportunities for environmental education and outdoor recreation.

Wednesday, Jan. 5, 2022

POETRY NIGHT: On Wednesday, January 5, 2021, Caffè Lena will present a poetry reading by Suzanne Rancourt An open mic poetry reading will follow. Doors open for sign-ups at 6:30 pm and the readings will start at 7:00. The host for the event will be Carol Graser and the cost is $5 general, free for students. The featured reading will also be livestreamed. You can find a link for the livestream at caffelena.org. 2x Best of the Net Nominee, Suzanne S. Rancourt, Abenaki/Huron descent, has authored Billboard in the Clouds, Northwestern Univ. Press, (received the Native Writers' Circle of the Americas First Book Award,) murmurs at the gate, Unsolicited Press, 2019, Old Stones, New Roads, Main Street Rag Publishing, 2021. Her 4th book is forthcoming from Unsolicited Press, 2023. A USMC and Army Veteran, Suzanne is a multimodal Expressive Arts Therapist. Advanced degrees include psychology, Credentialed Drug and Alcohol Counselor, Aikido and Iaido. Widely published, please explore her website: www.expressive-arts.com.

STRESS REDUCTION PROGRAM: The Galway Public Library, 2112 East St. in Galway, will host the program Stress Reduction: Finding Freedom from Anxiety, Worry and Fear on January 5th at 7:00. Participants will explore ways to identify and work with patterns of worry, fear, overthinking, avoidance, anxiety and more. Led by licensed psychotherapist Lisa Temoshok, this hour-long monthly gathering will focus on simple, creative, evidence-based tools and practices to apply to daily life. Participants are encouraged to register in advance at 518-882-6385 or gal-director@sals.edu. Masks and social distancing are required in the library.

Thursday, Jan. 6, 2022

DISCOVERY OF A MASTERPIECE: Join the Troy Public Library for this virtual event, January 6th, 2022, at 6:00 pm. We will be speaking to Mallory Mortillaro, who serves as the Curator of Collections for the Hartley Dodge Foundation in Madison, NJ. While she was cataloging the artwork housed inside of the Hartley Dodge Memorial she uncovered a masterpiece that had been lost to the art world since the 1930's. After a year of research the piece was authenticated as an official work by Auguste Rodin. Mallory will share the story of how a simple art cataloging project evolved into a search for a mysterious piece's provenance, and became one of the biggest art finds in recent history. Mallory Mortillaro serves as the Curator of Collections for the Hartley Dodge Foundation. In this position she worked to authenticate an original Rodin sculpture, lost to the art world since the 1930's. Mallory holds a BA and MAT, both from Drew University. She balances her work as an Art Historian with teaching 7th grade English. She lives in Whippany, New Jersey with her husband. This program is conducted via zoom. Registration is required. For more information and to register, call the library at 274-7071 or online at www.thetroylibrary.org.

Friday, Jan. 7, 2022

ONLINE DIABETES SUPPORT GROUP: January 7, 12 pm is the next Diabetes Support Group sponsored by Cornell Cooperative Extension of Saratoga County. This informal support group is held via Zoom for people with diabetes or prediabetes. Family members of those with diabetes are also welcome to attend. There is no fee for the support group. Topics will vary and may be based on the interest of the group. Contact Diane Whitten at 518-885-8995, or dwhitten@cornell.edu for more information. Register in advance for this meeting at: https://cornell.zoom.us/meeting/register/tJcrcumprTgsHdTnnFQhaAk3DmT3Kxz7tzR. After registering, you will receive a confirmation email containing information about joining the meeting.

Sunday, Jan. 9, 2022

BUFFET BREAKFAST: The Latham-Colonie Columbiette Buffet Breakfast will be held on Sunday January 9th, 2022, from 8:30 am to 11:30 am, at the Latham-Colonie Knights of Columbus Council, 328 Troy-Schenectady Road, Latham, N.Y. 12110. Menu includes; Scrambled Eggs, an Omelet Station, Home Fries, Corned Beef Hash, Bacon and Sausage, Pancakes and French Toast served w/ Warm syrup, A Variety of Cereals and Juices, Bananas and Hot Tea, Coffee or Hot Chocolate. $10 Adults, $5 Children (5-10) and under 5 Free! More information is available online at www.latham-coloniekofc.com/dinner&events.